



This is the Emu who ran on the earth
 Turn and move back as an Emu



In the Dreaming, in the Dreaming
 Walk into centre of circle and bring arms up above head

This is the Man	<i>Marching on the spot</i>
This is the Sun	<i>Sun Motif</i>
This is the Roo	<i>Kangaroo-jumps</i>
This is the Emu	<i>Emu movements</i>

Repeat the last section from 'This is the Man'

In the Dreaming *Move back to place and jump up high on 'Dreaming'*



STRETCHING

Rise up on toes and reach for the stars.
 Reach down to touch the earth.
 Let knees bend and have a heavy head.
 Repeat 6 times.

Free activity
 from

Dance Room Book 1
 (NEW DEVELOPMENTAL CLASSROOM DANCE PROGRAM)
 from Bushfire Press

Dance Room level 1- beginning primary
 40 lesson plans, 4 CDs -
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