

Outcomes Western Australia		Arts Ideas					Arts Skills and Processes			Arts Responses			Arts in Society			
Lesson	Activity	Creating	Interpreting	Exploring	Developing	Presenting	Skills, techniques and Processes	Conventions	Technologies	Responding	Reflecting	Evaluating	Valuing The Arts	Australian Arts	Contexts	Economic Considerations
1	Steady, Rhythmic Actions															
	Warm Up- In the Dreaming						L1			L1						
	Stretching						L1									
	Dance –Twinkle, Twinkle Rock Guitar						L1									
2	Steady, Rhythmic Actions															
	Warm Up	L1					L1			L1						
	Stretching						L1									
	Dance-The Animal Friendship Dance	L1	L1	L1	L1	L1	L1									
	Moving to Music	L1	L1	L1	L1	L1	L1	L1		L1						
	Responding										L1					
3	Levels (High, Medium, Low)															
	Warm Up – Simon Says						L1									
	Stretching						L1									
	Movement Story – Going to the Show	L1	L1	L1	L1	L1	L1									
	Dance – Merry-Go-Round Dance						L1	L1								
	Responding									L1						
4	Levels (High, Medium, Low)															
	Warm up	L1	L1	L1			L1				L1					
	Stretching						L1									
	Levels – High, Medium, Low						L1	L1								
	Responding										L1					
5	Tempo (Moderate, Slow, Fast)															
	Warm up – Movement Story	L1	L1	L1	L1	L1	L1									
	Stretching						L1									
	Dance – What I Like					L1	L1	L1								
	Dance – Rock ‘n’ Rollin’					L1	L1	L1								
	Responding										L1					

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6	Varying Tempo															
	Warm up – Marching Song		L1			L1	L1									
	Stretching						L1									
	Varying Tempo – Animal Exercise	L1	L1	L1		L1	L1				L1					
	Responding									L1	L1					
7	Dynamics (Soft & Strong)															
	Warm up – Robots		L1				L1									
	Stretching						L1									
	Dance – The Butterfly						L1	L1		L1						
	Dance – The Monster	L1	L1	L1		L1	L1									
	Responding										L1	L1				
8	Different Dynamics															
	Warm up – Simon Says						L1									
	Stretching						L1									
	Dance – When The Ants Come Marching In						L1	L1								
	Responding										L1					
	Movement Mime – Guess What I Am	L1		L1		L1	L1			L1	L1	L1				
9	Dance Structure															
	Warm up – Sit Down, Keep Moving						L1	L1								
	Stretching						L1									
	Dance: Under the Southern Cross	L1	L1	L1	L1	L1	L1	L1		L1						
	Responding									L1	L1					
10	Different Sections															
	Warm up – Mirrors	L1	L1	L1		L1	L1			L1						
	Stretching						L1									
	Dance – Hip Hop Happening	L1	L1	L1	L1	L1	L1	L1		L1						
	Responding									L1	L1					

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1	Steady, rhythmic actions															
	Warm up – Head Shoul- ders, Knees and Toes						L1	L1								
	Stretching						L1									
	Dance – Apples and Carrots						L1	L1		L1						
	Reflection									L1	L1					
2	Steady, rhythmic actions															
	Warm up – Animal antics		L1			L1	L1			L1						
	Stretching						L1									
	Making It Up Ourselves	L1	L1	L1		L1	L1			L1						
	Responding									L1						
3	Making Shapes															
	Warm up	L1	L1			L1	L1			L1						
	Stretching									L1						
	Dance Disco Guys & Gals					L1	L1	L1								
	Responding									L1	L1					
4	Using Space In Dance															
	Warm up – Duck Duck Goose						L1									
	Stretching						L1									
	Using This Space	L1	L1	L1			L1			L1						
	Responding									L1						
5	Keeping the Beat															
	Warm up – Tick Tock Clock						L1									
	Stretching						L1									
	Dance – Hip Hop Party						L1	L1								
	Responding	L1		L1						L1						

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6	Different Time Signatures															
	Warm up	L1	L1	L1			L1			L1						
	Stretching						L1									
	Dance – The Machine						L1	L1								
	Responding								L1							
7	Different Dynamics															
	Warm up – This Is the Way We Move						L1									
	Stretching – Claudia Cat						L1									
	Dance – Train Train						L1	L1								
	Responding								L1							
8	Different Dynamics															
	Warm up – Feathers, Cats, Motorbikes	L1		L1			L1			L1						
	Stretching								L1							
	Dance – Making A Robot						L1			L1						
	Responding								L1	L1						
9	Beginning, Middle & End															
	Warm up		L1	L1			L1				L1					
	Stretching						L1									
	Movement Story- Sienna The Star Dragon	L1	L1	L1		L1	L1			L1						
	Responding								L1							
10	Narrative Movement & Evaluation															
	Warm up – This Is The Way We Move (No. 2)						L1	L1								
	Stretching						L1									
	Movement Story: What Comes Next	L1	L1	L1		L1	L1			L1						
	Responding								L1	L1						

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1	Moving in A Steady Rhythm															
	Warm up – Simon Says						L1									
	Stretching						L1									
	Dance – Everybody Dancing						L1	L1								
	Dance – Cowboy Capers						L1	L1								
2	Different Actions															
	Warm up - Earth Sun and Water	L1	L1	L1			L1									
	Stretching						L1									
	Movement Story – Having Fun at the River	L1	L1	L1			L1			L1						
	Responding									L1						
3	From Large to Small															
	Warm up – A Visit to the Torres Strait Islands		L1				L1	L1						L1		
	Stretching						L1									
	Dance – The Farmyard	L1	L1			L1	L1			L1						
	Responding									L1	L1					
4	Different Sizes															
	Warm up – Simon Says						L1									
	Stretching						L1									
	Dance- Showing Different Sizes	L1	L1	L1		L1	L1			L1	L1					
	Responding									L1	L1					
5	Fast and Slow															
	Warm up – Pat a Cake						L1	L1								
	Stretching						L1									
	Dance – Moving tempos	L1	L1	L1		L1	L1			L1						
	Responding									L1						

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6	Different Tempos															
	Warm up – Three Small Frogs		L1				L1									
	Stretching						L1									
	Dance – Toyland Capers	L1	L1	L1	L1	L1	L1	L1		L1						
	Responding									L1	L1					
7	Swinging Movements															
	Warm up – Rock a bye Moves						L1									
	Stretching						L1									
	Swinging		L1				L1	L1								
	Responding									L1						
8	Swinging Movements															
	Warm up – Wash the Dishes						L1									
	Stretching						L1									
	Dance – Swinging Dance		L1				L1	L1		L1						
9	Narrative Movements															
	Warm up		L1				L1	L1		L1						
	Stretching						L1									
	Dance – The Pirate King		L1			L1	L1	L1		L1					L1	
	Responding									L1						
10	Narrative Movements															
	Warm up – Knees Up Mother Brown						L1	L1								
	Stretching						L1									
	Dance – Camelot		L1				L1	L1							L1	
	Responding									L1						

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1	Moving In A Steady Rhythm															
	Warm up – Horses		L1				L1			L1						
	Stretching						L1									
	Dance – Yummy Fun		L1			L1	L1	L1		L1						
	Responding									L1						
2	Locomotor Movement															
	Warm up – Kookaburra Sits in the Old Gum Tree						L1	L1						L1		
	Stretching						L1									
	Dance – Cleaning Up Australia		L1			L1	L1	L1						L1		
	Responding									L1						
3	Using A Large Space															
	Warm up – Let's Make A Hangi		L1				L1	L1							L1	
	Stretching						L1									
	Dance – Drovin'		L1				L1	L1						L1		
	Responding									L1	L1					
4	Moving Through the Space															
	Warm up – Here We Are Marching						L1									
	Stretching						L1									
	Dance – I've Got a Little List	L1	L2				L1	L1		L1						
	Responding									L1						
5	Moving To The Beat															
	Warm up – Perpetual Motion						L1	L1								
	Stretching						L1									
	Dance – A Touch of the Tap						L1	L1								
	Responding									L1				L1	L1	

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6	Playing with the Beat															
	Warm up	L1	L1				L1									
	Stretching						L1									
	Body Percussion	L1	L1	L1	L1	L1	L1	L1		L1						
	Responding									L1						
7	Different Movement Qualities															
	Warm up – Skipping Music						L1	L1								
	Stretching						L1									
	Dance – The Flowers That Bloom In The Spring	L1	L1				L1			L1						
	Responding									L1	L1					
8	Different Movement Qualities															
	Warm up – The Blue Danube						L1									
	Stretching						L1									
	Dance – The Gentle Kangaroo	L1	L1	L1		L1	L1	L1		L1				L1		
	Responding									L1						
9	A Structured Work															
	Warm up – Two Little Dickybirds						L1									
	Stretching – Yoga Breathing Exercise						L1									
	Dance – Clever Clapping						L1	L1								
	Responding									L1						
10	A Structured Work															
	Warm up – Clapsticks						L1									
	Stretching						L1									
	Dance – Poi Dance		L1			L1	L1	L1	L1						L1	
	Responding									L1						
	End of Year Performance	L1	L1	L1	L1	L1	L1	L1		L1			L1			

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